

# REACH Work/Life Services

THE FOLLOWING OPTIONAL WORK/LIFE SERVICES ARE AVAILABLE THROUGH REACH:

- **Legal Consultation and Referral Services:** REACH EAP resource files contain lawyers who will provide *free initial assessments*. An *optional legal service* available through REACH is one that provides employees and their family members assistance with the preparation of simple wills, advice on family legal matters, and *one free thirty-minute consultation* with an attorney for an *unlimited number* of separate legal matters. If the client chooses to retain a participating attorney, the client will receive *up to a 25% rate reduction* from the normal attorney's hourly rate.
- **Financial Consultation and Referral Services:** Our resource files also contain information on community agencies that will provide budget counseling, debt reduction assistance, and financial planning. REACH offers an *optional financial service* that will provide *free thirty minute telephone consultations* regarding financial questions, family budget matters, debt management assistance, credit management, home and college financing, divorce financial planning, and investment advice.
- **Childcare and Eldercare Consultation and Referral Services:** An *optional service* provided by REACH provides information and assistance in the following areas:
  - Counseling concerning childcare and child development needs and services
  - Finding and evaluating adult day care, assisted living, and long-term care providers
  - Assistance with assessing elders' needs following major life transitions
  - Guidance in choosing quality and affordable local childcare and eldercare providers
  - Referral letters with provider profiles and childcare costs
  - Checks for vacancies for childcare and eldercare service openings
  - Follow-up checks to assess the status of childcare and eldercare provider search
- **Work/Life Benefits and Dependent Care Resource Services** – An *optional, value-added service* that provides work/life and dependent care assistance and resources *on-line* to help balance work and home life responsibilities. Assistance and information is provided for:
  - Childcare referral services
  - Eldercare referral services
  - Childcare resources (childcare centers, daycare, babysitters, special needs)
  - Eldercare resources (nursing homes, assisted living, home health, adult day care)
  - Family concerns (prenatal services, parenting, summer care resources)
  - Education programs (special academic programs, college & university resources)
  - Family entertainment
  - Travel information and suggestions
  - Financial and legal issues
  - Work productivity and employee motivation information
  - Health and wellness information focused on physical and mental conditioning
  - Pet and plant care information and resources
  - Shopping resources (office supplies, consumer information, savings hints)